

Recommended Reading – Books

CT Health Notes

CT Health Policy Project

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Building on occasional Book Club Blog entries, I've been asked for a health policy reading list. These are books that changed how I think as a health policy analyst. They inspired me, opened my mind, connected dots for me, taught me hard and soft skills, and told stories I didn't know, even about Connecticut Medicaid.

I had no idea how to prioritize, so I didn't. They are in chronological order.

Culling this list was hard. While the list is long, there's more great books that didn't make the cut. Start anywhere.

Making Numbers Count: The Art and Science of Communicating Numbers

Chip Heath & Karla Starr, 2022

<https://cthealthpolicy.org/book-club-making-numbers-count/>

The Premonition: A Pandemic Story

Michael Lewis, 2021

<https://cthealthpolicy.org/book-club-the-premonition-a-pandemic-story/>

Change: How to Make Big Things Happen

Damon Centola, 2021

<https://cthealthpolicy.org/book-club-change-how-to-make-big-things-happen/>

You Have More Influence Than You Think

Vanessa Bohns, 2021

<https://cthealthpolicy.org/book-club-you-have-more-influence-than-you-think/>

Which Country Has the World's Best Health Care?

Ezekiel Emanuel, 2020

<https://www.ezekielemanuel.com/popular-writing-books/which-country-has-the-worlds-best-healthcare>

The Catalyst: How to Change Anyone's Mind

Jonah Berger, 2020

<https://cthealthpolicy.org/book-club-the-catalyst-how-to-change-anyones-mind/>

The Trillion Dollar Revolution: How the Affordable Care Act Transformed Politics, Law, and Health Care in America

Edited by Ezekiel J. Emanuel and Abbe Gluck, 2020

<https://www.ezekielemanuel.com/edited-books/blog-post-title-one-zhyd8>

Upstream: The Quest to Solve Problems Before They Happen

Dan Heath, 2020

<https://heathbrothers.com/books/upstream/>

Counting: How We Use Numbers to Decide What Matters

Deborah Stone, 2020

<https://cthealthpolicy.org/book-club-counting-how-we-use-numbers-to-decide-what-matters/>

Deaths of Despair and the Future of Capitalism

Anne Case and Angus Deaton, 2020

<https://cthealthpolicy.org/book-club-deaths-of-despair-and-the-future-of-capitalism/>

What the Eyes Don't See

Mona Hanna-Attisha, 2018

<https://www.penguinrandomhouse.com/books/550935/what-the-eyes-dont-see-by-mona-hanna-attisha/>

The American Health Care Paradox: Why Spending More is Getting Us Less

Elizabeth Bradley, 2013

<https://bioethics.hms.harvard.edu/journal/healthcareparadox-review>

The Treatment Trap

Rosemary Gibson, 2011

<https://cthealthpolicy.org/new-book-club-post-the-treatment-trap/>

No Pity: People with Disabilities Forging a New Civil Rights Movement

Joseph P. Shapiro, 1994

<https://www.penguinrandomhouse.com/books/164946/no-pity-by-joseph-p-shapiro/>

Bedlam: An Intimate Journey Into America's Mental Health Crisis

Kenneth Paul Rosenberg, 2019

<https://www.penguinrandomhouse.com/books/602602/bedlam-by-kenneth-paul-rosenberg-md/>

The Health Care Handbook: A Clear and Concise Guide to the United States Health Care System

Elisabeth Askin and Nathan Moore, 2024

<https://www.wolterskluwer.com/en/solutions/ovid/the-health-care-handbook-a-clear-and-concise-guide-to-the-united-states-health-care-system-16200>

Drive: The Surprising Truth about What Motivates Us

Daniel Pink, 2009

<https://www.danpink.com/books/drive/>

Medical Apartheid: The Dark History of Medical Experimentation on Black Americans from Colonial Times to the Present

Harriett A. Washington, 2007

<https://cthealthpolicy.org/book-club-medical-apartheid/>

Healthy Voices, Unhealthy Silence: Advocacy and Health Policy for the Poor

Coleen Grogan and Michael Gusmano, 2007

<https://cthealthpolicy.org/book-club-healthy-voices-unhealthy-silence-advocacy-and-health-policy-for-the-poor/>

The Ghost Map: The Story of London's Most Terrifying Epidemic – and How it Changed Science, Cities, and the Modern World

Steven Johnson, 2007

<https://cthealthpolicy.org/new-to-the-book-club-the-ghost-map-the-story-of-londons-most-terrifying-epidemic-and-how-it-changed-science-cities-and-the-modern-world/>